

# KIDS HOUSE

WHERE HOPE AND HEALING BEGINS



## KIDS HOUSE SPOTLIGHT

### THANKSGIVING THANK YOU!

To all of our Thanksgiving Basket Donors- We would like to thank all of this year's Holiday Basket donors who have contributed to our filling our families' bellies! Kids House is lucky to have the support of our partner agencies, community, and staff members to help make the families we serve have a special holiday season! This year, we collected and built over 100 baskets! We were able to serve over 110 children and their families.

### HOLIDAY HELP

Kids House often needs help to ensure that we provide for our families in need during the holiday season. There are several ways to help for such as donating gifts for Christmas or sponsoring a family's entire Christmas.

**For more information on how to get involved for the holidays please contact Kids House at 407-324-3036 or email [info@kidshouse.org](mailto:info@kidshouse.org)**

### KIDS HOUSE CLIENT EVENT

Kids House staff has turned into elves trying to help Santa prepare for a special event for the children and families who have come through Kids House! He himself will be here for a special Breakfast with Santa event to take photos and give each child a special gift this holiday season. Thank you to all the donors who have donated, volunteered, and helped make this event happen! We are so thankful to have your support.



## PARENTS CORNER

### HOLIDAY CRAFTS

The holidays are about family and being grateful for those around you. This holiday season, enjoy the togetherness with fun crafts! Use some paper and scissors and make some creative snowflakes to put around the house or use pipe cleaners and beads to make fun candy canes to display. Best of all, enjoy the teamwork and build a decorate a festive gingerbread house. Enjoy time as a family this season.

### STRESS PREVENTION TIPS

The holidays can cause anxiety and be a stressful time so here are a few tips to help prevent stress this season. Keep a positive attitude and accept that there may be events that you cannot control. Practice relaxation techniques such as meditation or yoga, this will help your body and mind relax as well as manage stress at the same time. Lastly, set your limits and say no to requests that may be cause excessive stress.

### RECOGNIZING CHILD ABUSE

It's everyone's job to protect children. The first step is knowing how to recognize the signs of child abuse. Not all signs of child abuse look that same. Some signs of abuse can include behavioral signs such as Excessive crying, depression, eating issues, fear and anxiety. Some physical signs would be bruising, malnutrition, poor hygiene, bites, and burns. To report abuse or neglect, please call the Florida Abuse Hotline to make a report at 1-800-96-ABUSE or 1-800-962-2873.

### KIDS HOUSE ANNIVERSARIES

Carrollann Fernandes - 6 years of service



## GET INVOLVED

### MONETARY DONATIONS

As a 501(c)3 nonprofit organization, Kids House relies on our donors' kindness and dedication to further our efforts to prevent and treat child abuse. We accept cash, credit, and checks as forms of payment.

### END OF THE YEAR GIVING

It is only with your financial assistance, and that of others, that we will be able to provide the critical services that have had a lasting impact on our children and the entire community. As we reflect on a year of great accomplishments, we look forward to another year of partnerships in strengthening and expanding our programs while ensuring quality care to each child who enters our doors.

### IN-KIND DONATIONS

A lot goes into helping the children work through their trauma and heal, which includes actual items we use when working with those children. Below is a list of things we use to aid in the healing process and offer additional support to our families. All in-kind Donations must be NEW and UNUSED.

<https://bit.ly/2ZmHEyi>

### SHARING SOCIAL MEDIA POSTS

Help bring awareness to child abuse and neglect through social media. Every like, comment, repost, share, mention, and tag helps spread the word on what Kids House does and how we help our children. Be sure to follow us on all social media.

## -NOTEWORTHY NEWS-

## UPCOMING EVENTS

**Kids House Gala  
May 11, 2024**

## KIDS HOUSE OPEN POSITIONS

**Advocacy Receptionist  
Data Entry Specialist  
To apply, visit:**

<https://www.kidshouse.org/employment-opportunities>

## DONOR SPOTLIGHT

**Thank you to all of our  
Holiday Basket donors!**